HOW TO WEAR AND REMOVE MASKS OR FACE COVERINGS

It is important that we wear and remove our masks or face coverings properly. Together, we can help maintain a safe working environment for all our colleagues.

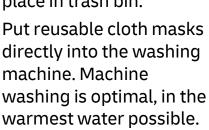Wash your hands before touching your mask

Place mask over nose and mouth. Secure the strings behind your head or over your ears – be sure it covers your nose and mouth.

Make sure the mask fits snugly but comfortably against your nose and side of your face. Replace the mask if it gets damp.
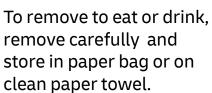

Be careful not to touch the mask while wearing it. If you do, wash your hands immediately.

To remove to eat or drink, remove carefully and store in paper bag or on clean paper towel.

Wash/sanitize hands before and after touching the mask for any reason.

When you're finished with the mask, carefully take it off from behind or by the straps.

If mask is disposable, place in trash bin.

Put reusable cloth masks directly into the washing machine. Machine washing is optimal, in the warmest water possible.

If hand washing is your only option, lather mask with soap and scrub for at least 20 seconds with warm to hot water.

Dry your mask on the highest possible heat the fabric will allow.

Wash hands immediately after removing mask.